(a) Find the $x$-coordinates of the stationary points on the graph with equation $y=f(x)$, where $f(x)=x^{3}+3 x^{2}-24 x$.
(b) Hence determine the range of values of $x$ for which the function $f$ is strictly increasing.

Answers:
(a) $x=-4, x=2$
(b) $\quad x<-4$ and $x>2$

